



# UNITED

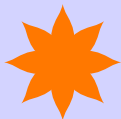
against eating disorders

## Did you know?

- ★ Someone **dies** every 62 minutes from an eating disorder.
- ★ Over 800,000 **Youth in Texas** will be affected by an eating disorder.
- ★ Eating disorders do **not** discriminate. Eating disorders can affect people of any size, gender, race, socio-economic background and/or culture.

## Stay in the loop

the **elis**PROJECT



*Shining a Light on Eating Disorders*

[www.theelisproject.org](http://www.theelisproject.org)  
Texas Eating Disorders Helpline  
**866.837.1999**

## Want to Unite?

### 1. Take the Pledge

Commit to standing united against eating disorders.

### 2. Share on Your Platforms



Make an impact with your social media time. Share why you are united against eating disorders and how friends and followers can get help.

### 3. Talk about It

Your voice makes a difference.  
Use it!